Month 3: Reflect & Choose Your Next Project

Mitra Cline · ForEverBird Studio · Days 61–90

Set aside a quiet check-in during Days 61–90. Bring your notes from the first two months and, if you like, a card or an example of your own work. You can write, sketch or speak your reflections before recording the ideas you want to keep.

Name: _____ Date: _____

Look back: the three practices you've built

Curate and care · Develop your secret language · Make something of your own

1. Notice the patterns

Begin with curiosity rather than a verdict. Separate the details you can observe from the meaning you give them.

Which image, letter, color or theme held your attention? What did you notice before interpreting it?

What story or relationship pattern did it bring to mind? What other interpretation could also fit?

Across your work this quarter, which images, questions or themes keep returning? What might they invite you to explore?

2. Reflect on your creative process

Consider what happened while you observed, made or experimented. Ease, frustration and surprise can all offer useful information.

What did making or exploring the cards teach you? When did you feel absorbed, curious or on autopilot?

What helped you move from an idea to something tangible? Where did you need more time, a tool or support?

Looking back at deck care, your secret language practice and your creative project, what worked—and which boundary, habit or relationship do you want to carry forward?

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3. Choose your next project

Give your big-picture imagination a practical place to land. Choose a direction that feels meaningful and small enough to begin.

What are two or three projects, offers or creative questions you could pursue next?

Which one will you choose, and why does it matter now? What will a first finished version look like?

What is the smallest concrete step you can take? When will you do it, and what time, materials or support will it need?

What sign of progress will you look for, and when will you check in to decide whether to continue or adjust?

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4. Return with the gift

In the Heroine's Journey, the quest is complete only when you come home and share what you found. Let the creative flow move outward so one person's inspiration can spark the next.

Who could you share your cards and what you learned with? Plan a reading or conversation with a friend. No one nearby? Post in the private community group chat or email Mitra a photo.

Who needs a creative spark? Make your own art card to give, or join the Paper Owl Club ($10/month) to receive an original card each quarter to send someone in your circle.

If this crossing helped, who could you pass the compass to? Note a review, a piece of feedback or an introduction you'd like to make.

Integration check-in

Bring one discovery, one unresolved question and your proposed next step to your Month 3 integration session.

☐ Name a recurring pattern in your creative work.

☐ Choose your next project and record a first step and check-in date.

☐ Share your cards or a lesson with one person or the community.

☐ Give a card—your own art or one from the Paper Owl Club—to someone else.